



International Personal Trainers & Fitness Academy (IPTFA India)

Branch: Singapore, Canada, China, Hong Kong, India, Iran, Kazakhstan, Malaysia, Maldives, Macau, Mongolia, Nepal, Sri Lanka, Pakistan, Taiwan
Since 1959 From Singapore

Synthesis Aerobic Instructor Certification

Content : This certificate course specially has the curriculum for the current personal training or to the healthy dance which the interest public figure supposes. The course practices primarily, by security and effective training method; teach health of dance class many kinds of types; Content including human body dissection, kinematics and muscle physiology; teaching and communication skill training, aerobic basic principle; design and arrangement, music utilization, grasps has the aerobic movement design; the skill and the prompt method, aerobic movement common Injury and wounded and the prevention with prevented.

Course Content :

- Aerobic Movement Concept
- Human Body Main Physiology System
- Aerobic Composing
- Aerobic Basic Action
- Aerobic Movement Common Injury and Wounded with Prevented
- Nutrition and Weight Management
- Aerobic Management
- Teaching skillful method
- Other Aerobic Class Type
- Health & Fitness Assessment



Certificate of quality :

Graduates who have fulfilled the following criteria will be issued the **INTERNATIONAL CERTIFICATE IN Synthesis Aerobic Instructor** by International Personal Trainers & Fitness Academy (IPTFA)

- Attend 75% of the total course time.
- Attain a pass mark of 70% on the theoretical and practical examination.

Course Fee: (INR) 19,999/

Course Duration: 30 hrs.

Venue: IPTFA India

Tel: +91 9415204180 (Whatsapp No.)

Email: vishvas.iptfaindia@gmail.com

F 2/1 Sanjay Apartment Chqkaghat Varanasi, U.P. India.

Recognized & Supported Organizations:

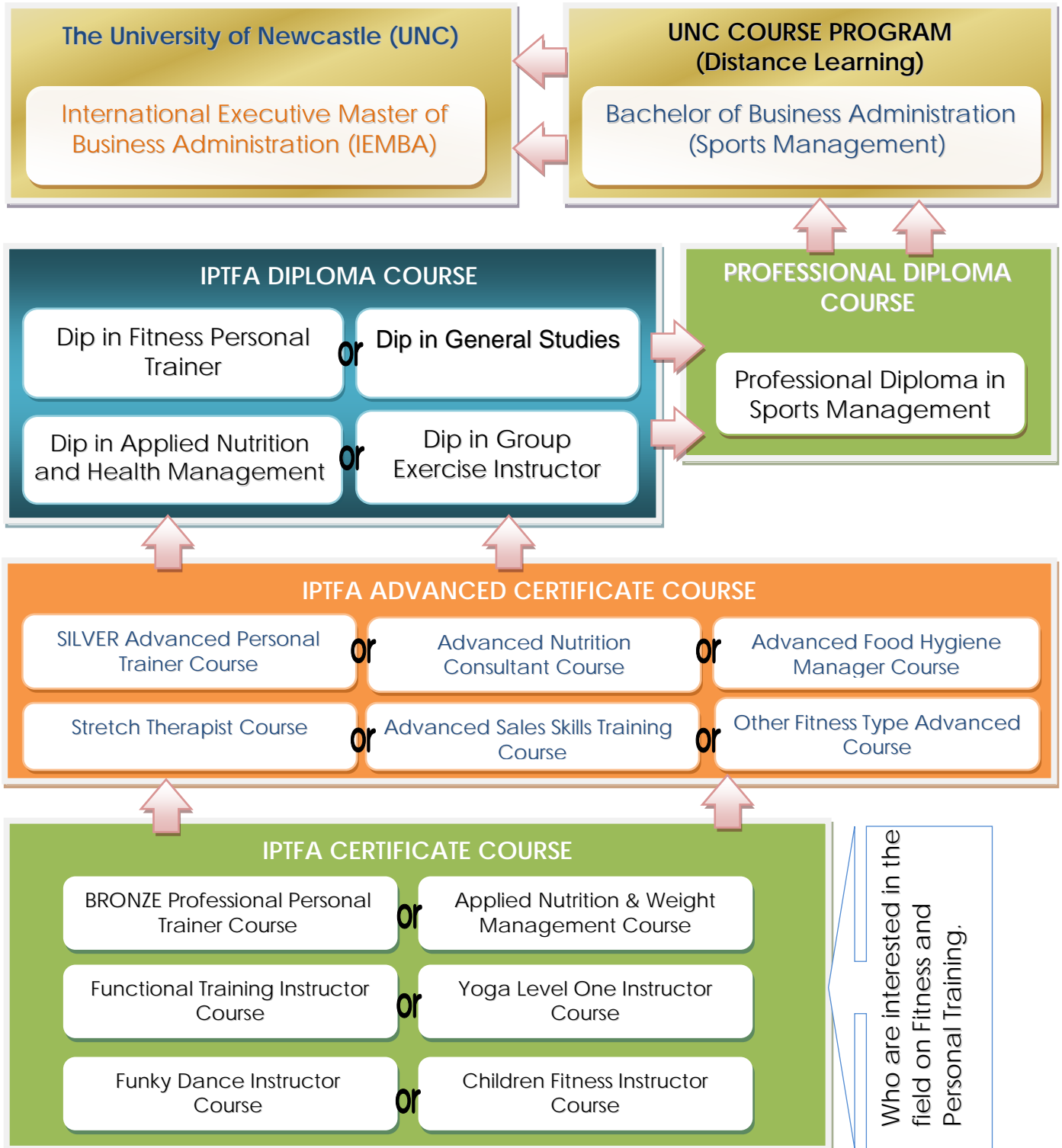




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Study Pathway for Fitness



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Synthesis Aerobic Instructor Certification

Enrollment Criteria	Age 17 or above
Lecturer Profile	Experienced Aerobic Instructor, IPTFA Lecturer, Dancer
Language	English
Course Duration	Total: 30 hours
Class Population	Maximum of 20 (First come first served basis)
Course Fees	(INR) 19,999
Fees for Re-exam	Theoretical & Practical re-exam USD\$ 65 Below 60 minute must re-study the course
Venue	(IPTFA - India) F 2/1 sanjay apartment Chaukaghat ,varanasi, u.p india Pin 221002
Application	Applicants should send the application form (can make photocopy on own) with a stamped return envelope and a cheque payable to NAME : International Personal Trainer & Fitness Academy Private Limited A/C NO : 5903 0200 0006 1 IFSC CODE : BARBONATILM BRANCH NAME : Bank of Baroda
Registration & Enquiry	Mr. Vishvas Rao (Chairman of IPTFA INDIA) Tel: 07712426368 Mobile +91 9415 2041 80 Email: vishvas.iptfaindia@gmail.com Website: www.iptfa.in
Continuing Education Units	6 Continuing Education Units
Refund Policy	There will be no refund unless the course is cancelled by the IPTFA

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ENROLLMENT FORM

Course Code	Course Name : Synthesis Aerobic Instructor Certification
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Personal Information

Name:	English				
Date of Birth:	mm/dd/yy	Identify ID./ Passport No.			
Sex :		Age :		Occupation :	
Address :					
Tel No.:	Day-time		Night-time		
Mobil :		E-mail :			
Related work experiences and current certificates:					

Information Source web-site Friend recommend Post Others E.G.: _____

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy. For any change of your personal data, please contact IPTFA.

Declaration

I, _____, declare that all the personal data are true and correct. I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition. I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent. I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: _____

Date: _____

For Official Use Only

Amount: _____

Received Date: _____

Cash Cheque _____

Bank _____

Issued by: _____

Refer to : _____

Recognized & Supported Organizations:

