



International Personal Trainers & Fitness Academy (IPTFA India)

Branch: Singapore, Canada, China, Hong Kong, India, Iran, Kazakhstan, Malaysia, Maldives, Macau, Mongolia, Nepal, Sri Lanka, Pakistan, Taiwan
Since 1959 From Singapore

INTERNATIONAL CERTIFICATE IN Gold – Elite Personal Fitness Trainer

Course Description: Students will demonstrate knowledge of historical, philosophical, and sociological perspectives and principles of the allied human performance professions (including physical education, exercise science, recreation, and sport management). Oral and written communication skills will be a point of emphasis in this course as well. Students will gain a knowledge base by which they can analyze how physical activity is inherently linked to health and wellness.

Course Content :

1. Nature and Scope of Physical Education, Exercise Science, and Sport Studies
 - a. Fields of Physical Education, Exercise Science and Sport Studies
 - b. The Profession of Physical Education, Exercise Science and Sport Studies
 - c. Professional role in society and education
 - d. Careers in the Sport and Physical Education Industry.
2. Development of Physical Education, Exercise Science, and Sport
 - a. Historical foundations
 - b. National and International Developments
 - c. State and Federal Legislation
3. Issues, Challenges, and the Future (21st Century)
 - a. Issues and challenges
 - b. Future trends

Certificate of quality :

Graduates who have fulfilled the following criteria will be issued the **Gold – Elite Personal Fitness Trainer Certificate** by International Personal Trainers & Fitness Academy (IPTFA)

- Attend 75% of the total course time
- Attain a pass mark of 70% on the theoretical and practical examination.
- 15 hours placement needed after passing the course and a placement report should be handed in afterwards.(2.000 word)

Fee: (INR) 49,999 **Course Duration:** 32 hrs.

Venue: IPTFA India

Tel: +91 9415204180 (Whatsapp No.)

Email: vishvas.ipfaindia@gmail.com | **Website:** www.iptfa.in

F 2/1 Sanjay Apartment Chukaghat Varanasi, U.P. India.



Recognized & Supported Organizations:





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Enrollment Criteria	Passed IPTFA Silver – Advanced Personal Fitness certificate or has other organizations qualifications of Foundation Fitness certificate (Needs to pass this institute to scrutinize the qualifications only then to be possible to report reads)
Lecturer Profile	IPTFA Lecturer, Registered Doctor, Registered Dietician, Registered Physiotherapist, Experienced Personal Trainer
Language	English
Course Duration	Total: 32 hours
Class Population	Maximum of 20 (First come first served basis)
Course Fees	(INR) 49,999
Fees for Re-exam	Theoretical & Practical re-exam USD\$ 65 + GST (adds a Re-exam lesson) Below 60 marks must restudy the course
Venue	(IPTFA - India) F 2/1 sanjay apartment Chaukaghat ,varanasi, u.p india Pin 221002
Application	Applicants should send the application form (can make photocopy on own) with a stamped return envelope and a cheque payable to NAME : International Personal Trainer & Fitness Academy Private Limited A/C NO : 5903 0200 0006 1 IFSC CODE : BARBONATILM BRANCH NAME : Bank of Baroda
Registration & Enquiry	Mr. Vishvas Rao (Chairman of IPTFA INDIA) Tel: 8299464620 Mobile +91 9415204180 Email: vishvas.iptfaindia@gmail.com website: www.iptfa.in Official website: www.iptfa.com Facebook: IPTFA India
Continuing Education Units	15 Continuing Education Units
Refund Policy	There will be no refund unless the course is cancelled by the IPTFA

Recognized & Supported Organizations:



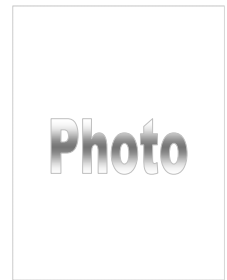


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(ENROLLMENT FORM)

Course Code	Course Name : Gold – Elite Personal Fitness Trainer Certificate Course
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Personal Information

Name:					
Date of Birth:	mm/dd/yy	Identify ID./ Passport No.			
Sex :		Age :		Occupation :	
Address :					
Tel No.:	Day-time				
Mobil :		E-mail :			
Related work experiences and current certificates:					

Information Source web-site Friend recommend Post Others E.G.: _____

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy. For any change of your personal data, please contact IPTFA.

Declaration

I, _____, declare that all the personal data are true and correct. I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition. I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent. I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: _____ Date: _____

For Official Use Only

Amount: _____ Received Date: _____
 Cash Cheque _____ Bank _____
 Issued by: _____ Refer to: _____

Recognized & Supported Organizations:

