

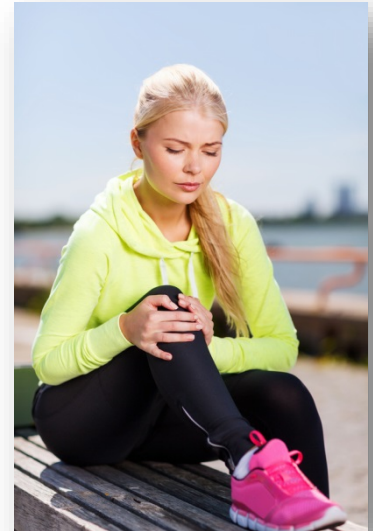


International Personal Trainers & Fitness Academy (IPTFA India)

Branch: Singapore, Canada, China, Hong Kong, India, Iran, Kazakhstan, Malaysia, Maldives, Macau, Mongolia, Nepal, Sri Lanka, Pakistan, Taiwan
Since 1959 From Singapore

INTERNATIONAL CERTIFICATE IN Special Sport Injuries & Rehabilitation

Introduction: The development of the physical training and fitness has become popular nowadays and the demand from the clients on the personal trainers has increased. The personal trainers may need to deal with the sports injury. Therefore qualified personal trainers should be equipped with the principle and management of sports injury. The aim of this course is to promote the personal trainers with the knowledge of sports injury so that they could work with physiotherapists.



Course content:

- ✧ Introduction of sports injury and rehabilitation Applied Anatomy
- ✧ Human Biomechanics Common sports injury
- ✧ Rehabilitation for common sports injury Stages of sports injury
- ✧ The role of other professional on the rehabilitation The role of personal trainers in rehabilitation Revision
- ✧ Stretching exercise and PNF exercise
- ✧ The application of physiotherapy modality (1) Strapping (II)eat and Cold modalities Mat exercises
- ✧ The application of physiotherapy modality (2) Strapping (II)Core stabilization with gym ball
- ✧ The sports injury risk assessment and management Practical Revision

Certificate of quality :

Graduates who have fulfilled the following criteria will be issued the **INTERNATIONAL CERTIFICATE IN Special Sport Injuries & Rehabilitation** by International Personal Trainers & Fitness Academy (IPTFA)

- Attend 75% of the total course time
- Attain a pass mark of 70% on the theoretical and practical examination.

Course Fee: (INR) 20,000

Venue: IPTFA India

Tel: +91 9415204180 (Whatsapp No.)

Email: vishvas.iptfaindia@gmail.com | **Website:** www.iptfa.in

F 2/1 Sanjay Apartment Chqkaghat Varanasi, U.P. India.



Recognized & Supported Organizations:

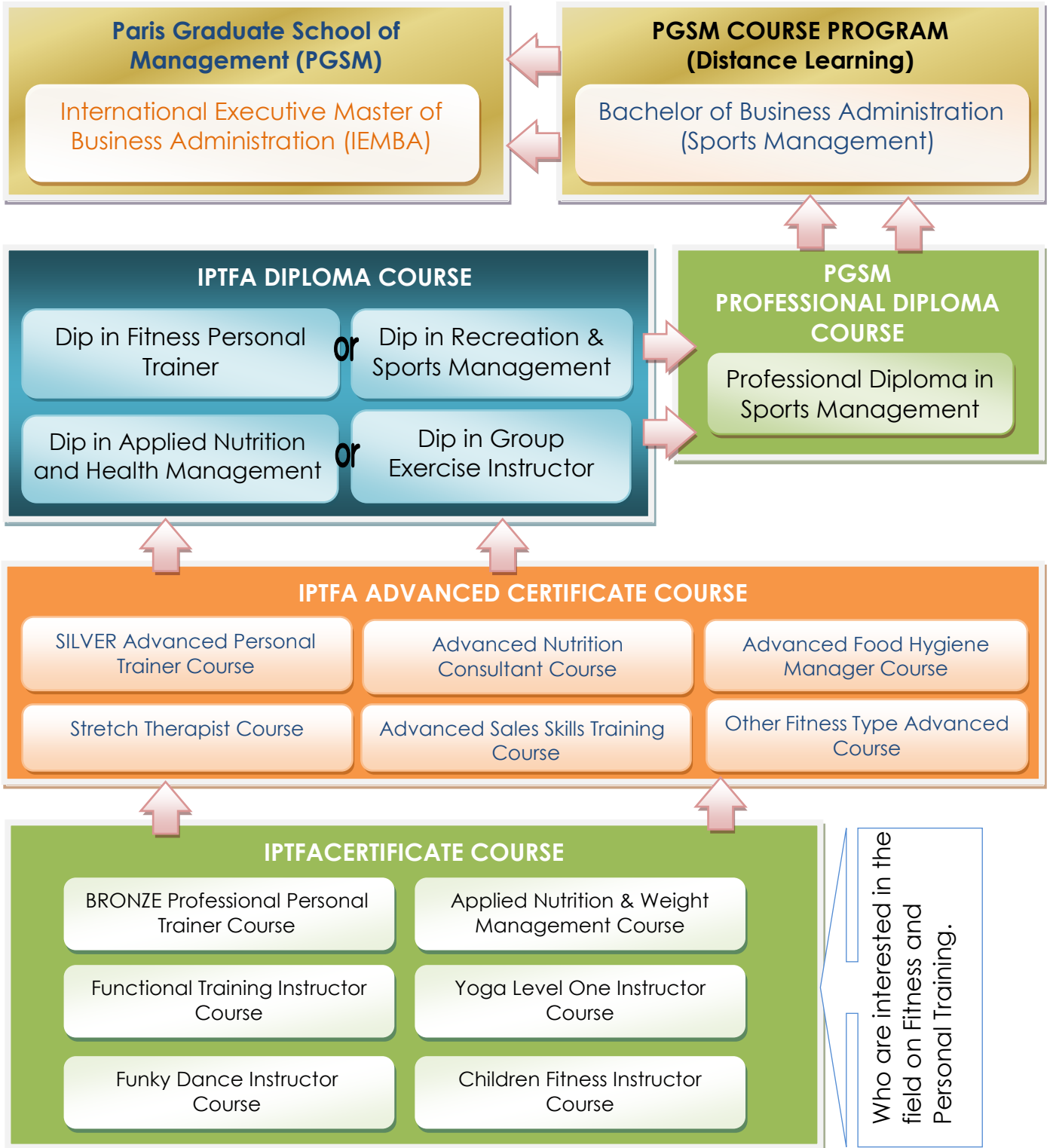




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Study Pathway for Fitness



Recognized & Supported Organizations:





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INTERNATIONAL CERTIFICATE IN Special Sport Injuries & Rehabilitation

Enrollment Criteria	Age 17 or above
Lecturer Profile	IPTFA Lecturer, Registered Doctor, Registered Dietician, Registered Physiotherapist, Experienced Personal Trainer
Language	English
Course Duration	Total: 24 hours
Class Population	Maximum of 20 (First come first served basis)
Course Fees	(INR) 20,000
Fees for Re-exam	Theoretical & Practical re-exam HK\$ 300 (adds a Re-exam lesson) Below 60 minute must restudy the course
Venue	(IPTFA - India) F 2/1 sanjay apartment Chaukaghat ,varanasi, u.p india , Pin 221002
Application	Applicants should send the application form (can make photocopy on own) with a stamped return envelope and a cheque payable to NAME : International Personal Trainer & Fitness Academy Private Limited A/C NO : 5903 0200 0006 1 IFSC CODE : BARBONATILM BRANCH NAME : Bank of Baroda
Registration & Enquiry	Mr. Vishvas Rao (Chairman of IPTFA INDIA) Tel: 07712426368 Mobile +91 9415204180 Email: vishvas.iptfaindia@gmail.com website: www.iptfa.in
Continuing Education Units	6 Continuing Education Units
Refund Policy	There will be no refund unless the course is cancelled by the IPTFA

Recognized & Supported Organizations:





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ENROLLMENT FORM

Course Code	Course Name : INTERNATIONAL CERTIFICATE IN Special Sport Injuries & Rehabilitation
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Photo

Personal Information

Name:	English		
Date of Birth:	mm/dd/yy	Identify ID./ Passport No.	
Sex :		Age :	Occupation :
Address :			
Tel No.:			
Mobil :		E-mail :	
Related work experiences and current certificates:			

Information Source web-site Friend recommend Post Others E.G.:_____

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy. For any change of your personal data, please contact IPTFA.

Declaration

I, _____, declare that all the personal data are true and correct. I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition. I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent. I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: _____ Date: _____

For Official Use Only

Amount: _____ Received Date: _____
 Cash Cheque _____ Bank _____
Issued by: _____ Refer to: _____

Recognized & Supported Organizations:

